



**Alger/Marquette Affiliate 2021
NOTES FROM THE CHAIR By
Cindy K. Bertucci, President, NAMI Alger/Marquette**

Hello everyone!

Well it definitely is SUMMER!!! As I am writing this it has been in the 80's and 90's for several days in a row. I know a lot of people enjoy this hot weather, but I am not one of those. I am so thankful that we had an air conditioner put in about 8 years ago. The weather can affect many people in so many ways especially someone dealing with a mental illness. I am one of those.

The best thing that has happened in over a year is COVID 19 is under control, not completely gone away. That may be how it will be for who knows how long. But we have a better handle on this virus and many people have been vaccinated and are now able to be with other people and enjoy many more events. This was rough time for so many, but there is so much to be thankful for.

NAMI Alger/Marquette is still having support group meetings on ZOOM. Our Executive Board will be discussing when we think it would be safe to meet in person. I will let everyone know when we are able to have the in-person meetings. However, we are still looking for a room where we could meet 2 to 3 times a month in Marquette area. If you know of any place, please let me know. When we start having in-person meetings, I will at least have one support group meeting a month over ZOOM. This helps the people that need this support and are hours away or do not want to attend our meetings in person.

Last year NAMI Alger/Marquette had our NAMI Walk virtually. We are happy to announce this year the walk will be in person on SUNDAY, SEPTEMBER 19TH at the Mattson Lower Harbor Park in Marquette. We are hoping for a large turnout. You will still be able to donate money online if you are not able to attend. This is our major fundraiser, and we are so thankful for all the support we have received in the past.

Always remember that I am only an email (CKBertucci58@charter.net) or a phone call (906-360-7107) away if you have questions or need more information.

I will be attaching a page with the meeting dates for July through September 2021.

Thank you so much for your support.

Cindy K. Bertucci
President
NAMI Alger/Marquette